

Eggert Family Dentistry

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Dental Trauma and Injuries

Injury to your teeth and gums should never be ignored. Ignoring a dental problem can lead to permanent damage as well as more extensive and expensive treatment. Below is the summary of what you can do for dental trauma.

Knocked-out tooth

Find the tooth if you can. Hold the tooth, not the root, and rinse it off with water if it's dirty. If possible, try to put the tooth back in the socket, but **never** force the tooth back into the socket (you may have it backwards). If you can't place the tooth into the socket, place the tooth in milk, salt water, or saliva. Try not to handle the tooth very much. Call Eggert Family Dentistry immediately.

Partially dislodged tooth

Call Eggert Family Dentistry right away. You can apply a cold compress to the outside of the mouth on the affected area. Take an over-the-counter pain reliever (such as Advil or Tylenol).

Soft-tissue injuries

This includes tears, cuts, and punctures to the tongue, cheek, lips, or gums. Rinse your mouth with salt water. Use a moistened piece of gauze or a tea bag to apply pressure to the area and to help stop bleeding. If bleeding doesn't stop in 30 minutes, call Eggert Family Dentistry.

Of course prevention is the key, if you are interested in having a custom-fit athletic mouth guard made, please give us a call to set up an appointment.